



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
VEGAN MAIN MEAL	Vegetable Curry with Rice	Vegan Bean and Vegetable Lasagne	Vegan Sausage Puff	Vegan Pizza and wedges	Vegan Vegetable Nuggets & Chips
VEGETABLES	Carrot & Peas	Garden Peas	Seasonal Vegetables	Sweetcorn	Baked Beans & Peas
VEGAN PUDDING	Alpro Yoghurt	Fresh Fruit Salad	Fruit Jelly	Apple Crumble	Vegan Chocolate Brownie



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
VEGAN MAIN MEAL	Vegan Sausage & Mash with Gravy	Vegan Chilli with Rice	Vegan Sausage Puff	Tomato Pasta	Vegan fingers & Chips
VEGETABLES	Carrots	Sweetcorn	Seasonal Vegetables	Mixed Salad	Baked Beans & Garden Peas
VEGAN PUDDING	Vegan Shortbread	Oaty Apple Crumble	Fresh Fruit Salad	Fruit Jelly	Vegan Chocolate Browine



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
VEGAN MAIN MEAL	Squash, Chickpea & Spinach Curry with Rice	Vegan Roasted Vegetable Bolognese with Pasta	Vegan Wellington & Roast Potatoes	Vegan Pizza	Onion Bhaji Burger & Chips
VEGETABLES	Mixed Salad	Sweetcorn	Seasonal Vegetables	Garden Peas	Garden Peas & Baked Beans
VEGAN PUDDING	Also Yoghurt	Pear and Apple Cumble	Fruit Jelly	Fresh Fruit	Vegan Chocolate Brownie

