



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
VEGAN MAIN MEAL	Vegan Sweet & Sour Butternut Squash with Rice	Vegan meatballs in tomato sauce and pasta	Vegan Sausage Puff	Vegan Pizza and wedges	Vegan Vegetable Nuggets & Chips
VEGETABLES	Carrot & Peas	Garden Peas	Seasonal Vegetables	Tomato, cucumber & carrots salad	Baked Beans & Peas
VEGAN PUDDING	Fresh fruit	Apple Crumble	Fruit Jelly	Fresh fruit	Vegan shortbread



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
VEGAN MAIN MEAL	Vegan Plant Base Sausage and Mash	Vegan Baked Gnocchi in Tomato Sauce	Vegan Sausage Puff	Vegan Mild Plant Base Chilli with Rice	Vegan fingers & Chips
VEGETABLES	Carrots	Sweetcorn	Seasonal Vegetables	Garden Peas	Baked Beans & Garden Peas
VEGAN PUDDING	Fresh fruit	Peach & pineapple Crumble	Fruit Jelly	Fresh fruit	Vegan Chocolate Browine



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
VEGAN MAIN MEAL	Mild Chickpea Curry with Rice	Vegan Plant Base Bolognese with Pasta	Vegan Sausage Puff & Roast Potatoes	Vegan Pizza	Vegan Falafel Kofta and Chips
VEGETABLES	Sweetcorn	Carrots / peas	Seasonal Vegetables	Tomato, Cucumber & Carrot Salad	Garden Peas & Baked Beans
VEGAN PUDDING	Vegan Shortbread	Fresh fruit	Fruit Jelly	Apple crumble	Vegan Chocolate Brownie

